

# WHY should I wear a cloth face mask?

- > While they won't prevent you from breathing in respiratory droplets which carry a virus (like COVID-19), they may help protect people around you if you're infected but don't have symptoms.
- > They can help cover coughs or sneezes, reducing the spread of germs.
- > They can prevent you from touching your face.
- > They can be a visual reminder to practice social distancing.
- > If everyone wears them, it could help cut down how far the virus spreads.



Information courtesy of: